

GROUP SPEECH THERAPY

HDST OFFERS MORE THAN JUST 1:1 THERAPY. GROUP THERAPY CAN BE A GREAT WAY TO CONSOLIDATE & PRACTICE SKILLS IN AN ENGAGING & INTERACTIVE ENVIRONMENT.



HILLS DISTRICT
Speech Therapy

ABOUT GROUP THERAPY

Over the past few years, the interest in Hills District Speech Therapy groups has grown significantly. With a large majority of children already attending one on one therapy, groups are tailored to the needs of the children and groupings made accordingly to maximise outcomes for all. Lead by speech therapists and running for up to 2.5 hours, the groups are well coordinated and planned, highly motivating for all participants, educational for parents and a fantastic way to generalise skills beyond one to one sessions. We offer a range of group programmes during school terms and holidays in both face-to-face and online modalities, making our programs widely accessible for all.

HDST continues to offer group-based therapy sessions given the growing body of evidence supporting this mode of service delivery and positive outcomes at the end of our intensives and therapy blocks. Some of these benefits include:

- Acquisition of specific communication skills
- Frequent practice of skills learnt in 1:1 therapy sessions
- Improved social skills
- Generalisation of skills to conversational levels (including carry-over of newly learnt speech sounds, sentence structures and conversation skills)



NEW CLIENTS

Please note that all group therapy participants that have **not** been assessed at HDST must attend at least a **30 minute screening consultation**. This will allow us to determine your child's abilities and tailor the groups to their needs.

WHAT TO WE HAVE ON OFFER?

HDST currently has six types of paediatric group therapy on offer. These groups are offered at different times including during school term and holidays, both face-to-face and online.



Early Language Group

Ages 0 - 4



Lego Club Group

Ages 5 - Early Teen



School Readiness Group

Ages 4 - 5



Oral Language Group

Kindy - Year 6



Written Expression Group

Years 3 - 12



Social Skills Group

Ages 5 - Early Teen

CONTACT US

For more information on costs, dates and bookings...

Phone: 9899 7853

Email: bookings@hdspeechtherapy.com.au

Website: www.hdspeechtherapy.com.au

NDIS & Private Health Funding can be applied for *some* groups.

