# Developed by Hills District Speech Therapy (2025)

## Hills District Speech Therapy Navigating Funding Changes

Current and forecasted changes to NDIS and funding of early intervention can be a challenging experience for all involved. At Hills District Speech Therapy, we are committed to supporting our clients and their families meet their goals, including helping you navigate these changes whilst securing ongoing access to essential speech pathology services. This means thinking about **flexibility**, **frequency** and **other funding options**. If you are experiencing challenges with funding speech pathology sessions, please consider the following suggestions below:

#### **Routine is Key!**

Consider alternative services or reduced durations whilst maintaining regular sessions. You can also complement your sessions with carer training.

#### TA and Student Services

Your child may be suitable for sessions with a student or therapy assistant (TA) which are a more affordable alternative to sessions with a speech pathologist.

### Consider non face to face options

We also offer home programs, resource development and goal revision - a great option to support progress at home.

#### Item 135/137

Paediatricians can refer children aged 25 years and under with Autism/PDD for assessment, diagnosis and treatment under MBS Item 135/137- this includes 20 highly subsidised sessions from medicare accessible once in the child's lifetime.

#### **Group Services**

Your child may be suitable for Group Therapy - delivered over the holidays and term times. This can be more affordable than 1:1 and a great way to practice generalisation of a range of skills!

#### Blocks/ Intensives

Opt in for a short block of intensive therapy followed by a break.

#### GPCCMP

You can access up to 5 individual speech or OT services each calendar year at a subsidised rate from your GP.

#### Private Health Insurance

Review your current policy to see if speech pathology is covered in your extras package!

#### **Community Health**

If your child is under the age of 12, they can be placed on a wait list to access a block of free speech pathology services.

